

2nd August, 2020 (Winter)

TT Vibes Newsletter

Therapeutic Touch Association of Australasia

AGM REPORTS & MORE...

Greetings TTAA community!

I hope this finds you well and safe during these challenging and uncertain times...especially for Victorians with stricter lockdown conditions coming into force.

The AGM was well attended on July 26th. Gerry usually has a group TTAA members at her place for the meeting but with the current Covid restrictions, it was more appropriate to ensure social distancing with us all meeting via Zoom.

This newsletter is full of informative annual reports. It's been a huge year and there is still more to come with "Incredible Communications" creating our new TTAA Website.

The Newsletter will also be transformed in coming months alongside the new website. "Mailchimp" will enable us to communicate with you more regularly and it will be less labour intensive.

Thank you to our wonderful Exec Committee for all their efforts in this past year and a warm welcome to our new Committee member, Geoffrey Dunlop from Tasmania.

A very special thank you & Congratulations to our new TTAA life Member, Gerry Milton! Her tireless efforts over many years contributing to the development of our TT Training Programs; her dedication to her TT practice group and her endless efforts Teaching TT.

Dates:

Next Executive Committee Meeting

Tuesday August 11th 2020
at 7.30pm (AEST)
(on Zoom)

TT Chat with Virginia

Tuesday September 1st 2020
7.30pm (AEST)

RSVP Virginia by 27/08/20

The Zoom link will be on the
TTAA Members Only Facebook
Page or contact Virginia:
virginia@intotheheart.com.au

TT VIBES NEWSLETTER

Personally, Gerry has been a wonderful mentor and inspiration in my own TT journey...I am so grateful and appreciative for her ongoing support.

Please keep your eye out for up coming TT Teaching dates. We will have details on our TTAA Facebook Pages. We are also excited to announce our first on-line (via Zoom) Foundations Course starting on August 17th at 7pm. The difficulties of the pandemic have managed to gift us with new opportunities with teaching TT!

And please join us for the TT Chat! It is a wonderful way to connect and support each other no matter where you live.

Go gently everyone...with love & peace,

Virginnia

(Vice President/Newsletter Editor)

TT Practice Groups:

Our current groups include:

Northern Territory

Sue Gregory (0419119744) Alice Springs

Tasmania

Geoffrey Dunlop (0429970143) Hobart

Victoria

Jenny Cameron (0419391488) Ballarat

Alina Gorris (0424642109) Kew/Clifton Hill/Pascoe Vale

Gerry Milton (0413370722) Seaford

Western Australia

Peta Nottle (0408924183) Gwelup

Please contact them for further information...



Please check out our Members (Closed) Facebook Page for updates...

<https://www.facebook.com/groups/TTAAmembers/>

Please ask family and friends to like/follow our PUBLIC page...

<https://www.facebook.com/TTAustralasia/>

TT VIBES NEWSLETTER

TTAA Exec Committee 2020:

President: Marg Graham (NSW)

M: 0400205432 E: margrg@hotmail.com

Vice President/Newsletter Editor: Virginnia Kingsford (Victoria)

M: 0419558658 E: virginnia@intotheheart.com.au

Treasurer & Website Liaison Officer: Lainie Rawlins (South Australia)

M: 0400141723. E: lainiebee@hotmail.com

Secretary & Public Officer: Jane Hall (Victoria)

M: 0400226286. E: janehd@alphalink.com.au

General Member: Jenny Cameron (Victoria)

M: 0419391488. E: bringelli@hotmail.com

General Member: Cynthia Bartolo (Victoria)

M: 0417500197. E: cynthia@thesacrednest.com.au

General Member: Geoffrey Dunlop (Tasmania)

M: 0429970143 E: g.dunlop@iinet.net.au

Education Officer (Non-Executive Position): Gerry Milton (Victoria)

M: 0413370722 E: geraldinemilton@optusnet.com.au





TT VIBES NEWSLETTER

President's Report 2019 - 2020

What an amazing year with so much change – some good and exciting new things and some challenges. What an extraordinary time with such a dedicated team of members in the executive and also with the inclusion of the teachers in our plans for the future of TT. It has been a long and arduous task to complete the documentation but with such a dedicated team we have finally completed what we think is necessary for the coming financial year.

We have reviewed our face book and website criteria and function and have now begun the process of a new and updated website. Watch this space for the new look. We also will be introducing all our practitioners and teachers on the website.

May I thank the following people

- Jane and Jenny who have assisted as secretary and minute secretary – well done ladies
- Lainie for her tireless work as treasurer and the website. We have recently realized we have had a very antiquated system and Lainie has done an amazing job under the circumstances. Let's now hope that the executive team will be upskilled to use the system in the future and this will be modern and have greater functionality for the future
- Virginnia has also been a great support as Vice president

What a journey we have had this year with Virginnia Kingsford and Peta Nottle attending the 2019 TTIA Congress in Canada and presenting TTAA to the world forum. The executive retreat was held in March this year in NSW just prior to the Covid lockdown and of course, now we have some challenges being able to meet face to face, so Zoom has become a great tool.

Meetings are going extremely well this year with executive and teachers being included We are looking forward to learning TT online in 2020-21.

TTAA vibes has taken on a new format with some international flavour. Membership – has remained stable and new students are seeking to be a part of the Association. We have had a mentorship group working online and training in WA which has been a great joy to include another group into our journey.





TT VIBES NEWSLETTER

President's Report Cont'd. 2019 - 2020

Practice groups continue and can be attended monthly in key areas .
I would like to encourage new members to the executive team as it is a great time to be looking to the future and building unique friendships and professional bonds.

I wish the team well in 2020-21 and look forward to a bright and healthy future for all our TT members and their families as we face what is proving to be another challenging and exciting year.

Margaret Graham
President TTAA 2019 - 2020

AGM Treasurer's Report (Financial Year 2019 - 2020)

TTAA's bank balance at the end of this financial year was \$12794.62.

This gave us a loss of \$91.41.

Income was from memberships, the sale of Diane May's books and CD's, and TTAA course manuals.

An accidental deposit was made by Virginia Kingsford and this was reimbursed. Promotion via Facebook using Social Media Specialist, Sarah Kempson's (Gevaux) services was the largest expenditure. Other expenditure included reimbursement for grocery costs for the Executive Committee Retreat, the TTIA affiliation fee, and website domain name and hosting fees. Three credit card transactions necessitated using Square and incurred small transaction fees.

A small loss was incurred in the difference between the actual postage paid and postage charged on the order form to send out books. We have since increased the cost of postage on our order form.

The Education fund has a balance of \$1426.00. This financial year saw \$360 deposited for training manuals, and \$500 granted to Virginia Kingsford to attend the TTIA conference.

The ANZ bank continues to waive the \$22.00 per month account service fee.

I would again like to acknowledge the donations that TTAA Executive Committee members make to keep running costs down. For example; paying their travel costs to get to the

Executive Retreat, and for supplying stationery etc.

Lainie Rawlins (Treasurer) 26th July 2020



TT VIBES NEWSLETTER

TTAA Website Report for AGM 26/07/2020 by Website Officer Lainie Rawlins.

The exciting news is TTAA Executive has accepted a proposal to build a new user and administrator friendly website. 'Incredible Communications' will build the website and educate us how to manage and use it effectively. In the past year some changes were made to the current website.

These included the addition of a Complaints page, and reorganisation of the contents under the Education drop down menu. The Complaints page is located under the Practitioners drop down menu, and lists entities where health care complaints can be directed in each state and territory. TT training program course dates have been updated as required.

The domain name fee of \$70.95 for 2 years was paid in November 2019, and the website hosting annual fee of \$109.95 was paid in December 2019.

AGM Membership Report 26th July 2020

The 2019-2020 financial year closed with 33 financial members.

This included:

Honorary Associate	2
Life Members	2
Affiliate	1
Concession	8
General	13
Student	6
Incorrect payment.	1 (\$35 paid instead of \$75)



**Peta, Jane & Virginia
Training in Perth
November 2019**



TTAA AGM Education Report 26/7/2020

from Education Officers Geraldine Milton and Jane Hall

Members: Gerry Milton, Jane Hall, Sue Gregory, Jenny Cameron, Margaret Graham
Virginnia Kingsford Lainie Rawlins; Geoffrey Dunlop

The Teachers Group has met by Skype /Zoom three times since June 18, 2019.

Overview of TT teaching programs this year

Jane taught a Foundations (Basic) and Transpersonal (Intermediate) course in Perth in November 2019. A very successful Serenity Settling Workshop was also offered which provides a good introduction to using TT in Aged Care. We are hopeful that several participants will continue on into the Foundations course in due time.

It was exciting to see four students graduate from the 2018-2019 Mentorship Course and one of them become a member of TTAA Executive. Several others are applying for accreditation as a QTTPA.

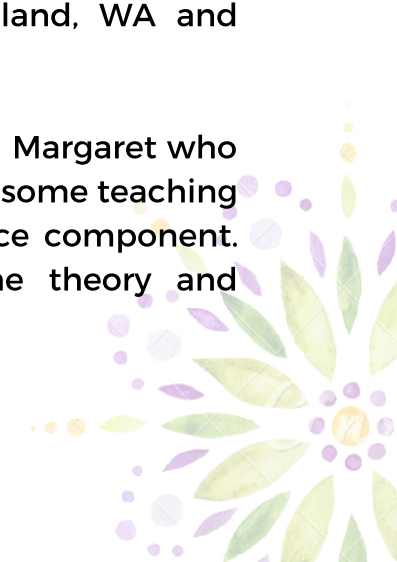
Five students started the 2020-2021 Mentorship Course in March. This course has been innovative as it has been by Zoom and involved students from Perth and Melbourne. This group of mentorees is particularly blessed with additional mentoring. Peta Nottle and Virginnia Kingsford have participated as very effective mentors to the group. The course will need to extend longer than 12 months to accommodate the effects of COVID19.

Gerry has taught a TT Foundations course in 2019. Plans for a TTF course in 2020 with the local U3A 'Mind, Body, Spirit' group are on hold until after Covid19.

Foundations of TT On-line

The Covid 19 Global Pandemic has interrupted plans for face to face teaching of TT in 2020. In response to this a TT Foundations Online course was advertised in June 2020 and a good level of interest was shown, however feedback regarding a change in format has meant the course has been postponed until August/September 2020. Interest has come from NSW, Queensland, WA and Victoria.

The course will be offered by Jane and Virginnia, with support from Margaret who may also participate if not on leave. Virginnia is engaged in creating some teaching videos and we are working on the best ways to teach the practice component. Experience from the Mentorship Program has shown that the theory and meditative practice can be taught with ease on line.





TTAA AGM Education Report cont'd

from Education Officers Geraldine Milton and Jane Hall

- This is very new ground and we are excited about exploring the possibilities. Even after Covid 19 to be able to offer TT this way across Australia would be wonderful. Costs could be reduced and accessibility greatly increased.

We are aware that plans for On-line TT are also in hand in Germany, Canada and USA.

TT Teacher training and Support

Margaret Graham, and Virginnia Kingsford are now Level 2 QTTA teachers and are working towards completing Level 1 with Jane. Virginnia ran her first full TT Foundations Course which went very well. She is also participating in mentoring in the Mentorship Course as part of her training.

The following were acknowledged and accepted:

Level 1 QTTA Teachers: Jane Hall, Gerry Milton and Sue Gregory

Level 2 QTTA Teachers: Virginnia Kingsford, Margaret Graham, Jenny Cameron, Geoffrey Dunlop and Lainie Rawlins

Teacher supports - Marg is putting together a Teachers package containing guidelines and support documents for TT teachers.


Promoting TT Education to the wider community

We are now using Facebook to advertise TT Courses both on individual Facebook pages and through the private and public TTAA pages. This has been limited due to Facebook changes and charges and our need for a new website. Once the new TTAA website is completed then it will be much easier to contact those in our mailing list via Mail Chimp, plus present TT to the public.

Attending networking events and word of mouth remain the most effective way of sparking interest and enrolments in courses. We would like to commend the work of Peta Nottle and the Healing Insights team in WA for their amazing networking. Plans are in place for Jane to present to a Dementia group in WA in November with Peta local TT mentorees. Virginnia is to present TT to the Reflexology Association in Victoria next year.

TTAA Education Program

The TTAA Education Program and Professional Pathway is working well. The option to deliver the three choices of TT for Family and Friends (2 days) and then TT for Professional development or as part of the QTTA training with full competency





TTAA AGM Education Report cont'd

from Education Officers Geraldine Milton and Jane Hall

assessment (both 3 day series) has worked well. Having the two day exit point is very popular. It is great to see that all the work on the Education program and materials over the last 8 years with all its challenges, disappointments and growth has come to fruition. We now have a very sound, workable and professional program and accreditation process which are in line with TTIA international standards.

The Transpersonal Dimensions of Therapeutic Touch (Intermediate Level) Manual has been completed. Now we have the content well in hand it is planned that the format of the Transpersonal and Foundations level manuals will be updated and modernized over the next 12 months. We are fortunate in having Cynthia Bartolo on the Executive. Cynthia has significant expertise in this area.

The Mentorship Manual is being upgraded again as the 2020-2021 course progresses. By the end of the Mentorship Course workshops in March 2021 the Manual will be complete. The combination of Learning Packages, Mentorship Workshops and Assessment Exercises makes for a very full course, but leads to significant personal and professional development.

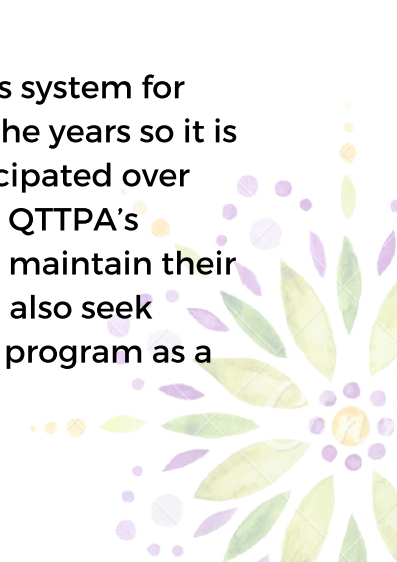
A teachers and mentors group formed in June with Jane Hall, Virginnia Kingsford, Peta Nottle, Sue Gregory and Gerry Milton. This group meets once a month, the day after each Mentorship Workshop to review the progress of the Mentorship Course and to work on the development of new material. The commitment of time and work by all is very much appreciated.

There has been a request from Canada to buy some of our education materials – the Foundations level Booklet and Manual. TTAA Executive is still considering how we may do this while remaining in clear ownership of the content.

Professional Development Program

PDP Points System

Virginnia and Gerry have finalized a Professional Development Points system for launching this month. A lot of work has been done in this area over the years so it is great to see this come to fruition. Thanks to all those who have participated over that time. There is now a requirement that all accredited QTTA and QTTPA's undertake 10 points worth of professional development each year to maintain their accreditation with TTAA. Other members of TTAA are encouraged to also seek ongoing development in TT and related areas. Everyone can use this program as a guide for keeping informed and up to date.



TTAA AGM Education Report cont'd

from Education Officers Geraldine Milton and Jane Hall

TT Practice groups have continued in Perth, Seaford and Melbourne, in 2020 in person and where necessary by Zoom. Special thanks to Alina Gorris for organizing the Melbourne Group and to Peta Nottle for Perth. Gerry's work over many years at Seaford is such a special contribution to the TT Community.

TT Chat Group is a great innovation started by Virginnia Kingsford. This has been a great success where members can connect in via Zoom to chat and share regularly. The depth of sharing and connection has been impressive.

Ongoing Education and Professional Development Events

Due to Covid19 plans for our next TTAA Retreat have gone on hold. We are exploring options for online events using some of the wonderful materials from International Conferences. Sue Gregory has also offered her materials and recordings from Indralaya of Dee and Dora.

Accreditation of Teachers and Practitioners

The Policies and Procedures plus application forms for Accreditation of qualified teachers and practitioners have been finalized. A procedure document related to processing of applications has also been formulated for TTAA. Applications for both have been received by Virginnia Kingsford and are being processed.

In conclusion, many many thanks must go to all those who have contributed to TT Education over this last year. Looking over this report it is clear just how much work has been done and just how ready we are to take TT Education out into the community.



**Jane & Marg
Training January 2020**



ANNUAL GENERAL MEETING (Minutes)

26th July 2020

HELD VIA Zoom

Welcome: Marg Graham welcomed all to the general annual meeting, with Group attending on zoom at 4 pm

Present: Marg Graham, Jane Hall, Lainie Rawlins, Virginnia Kingsford, Gerry Milton, Geoffrey Dunlop, Pat Sullivan, Cynthia Bartolo, Iris Schwartz, Jenny Cameron, Jim Frew, Wilma Smith, Jo Ball,

Apologies: Di Horwath and Elva Horwath, Michael Taylor, Terry Duncan, Rita Faye, Shirley Stack Tolhuis, Greta Faye

Marg spoke of committee values

Business Arising and Correspondence: 2019 minutes acknowledged and minutes moved by Marg Graham seconded by Gerry Milton. No correspondence from previous meeting

Reports: see attached

Treasurers Report: Lainie Rawlins Moved by Lainie Rawlins and seconded Jo Ball

Membership report: Lainie Rawlins moved by Lainie and seconded by Cynthia Bartolo

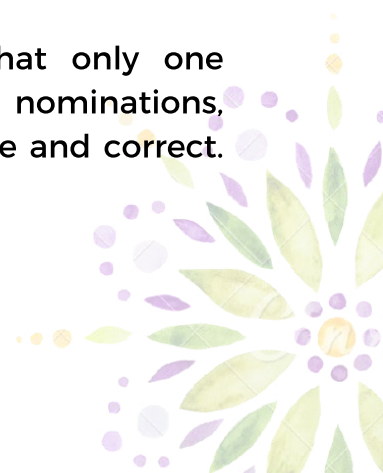
Website report: Lainie Rawlins, moved by Lainie Rawlins seconded by Gerry Milton

Education report: Jane Hall, moved by Jane Hall and seconded by Gerry Milton

Presidents report: read by Margaret Graham seconded by Virginnia Kingsford.

Election of Office Bearers

Marg declared all positions vacant and Jane acknowledged that only one nomination for each position had been received. Details of the nominations, proposers and seconders were presented and noted to be complete and correct. Consequently all these nominations were accepted as follows:-





ANNUAL GENERAL MEETING (Minutes) cont'd.

26th July 2020

HELD VIA Zoom

President: Margaret Graham

Vice-President: Virginnia Kingsford

Secretary: Jane Hall

Treasurer: Lainie Rawlins

Committee members; Jenny Cameron; Cynthia Bartolo and Geoffrey Dunlop

General business

The PD points system was discussed further with it being made clear that for accreditation 6 points are required to be TT education while the remaining 4 can be TT related.

Professional Indemnity Insurance Discussion was raised about the challenges of obtaining Professional Indemnity Insurance including which companies offer cover for TT and the amount of insurance cover needed. The need for more information for applicants was acknowledged. This will be discussed further at the next Executive meeting.

Meeting closed 5 15 PM

Next AGM: Last Sunday in July - Sunday July 25, 2021

Following the meeting it was announced that Gerry Milton has been made a Life Member of TTAA for services to Therapeutic Touch in Australia over nearly 3 decades.

